

**FOOD ALLERGY TREATMENT PLAN AND PERMISSION  
FOR THE ADMINISTRATION OF MEDICATIONS  
BY CAMP PERSONNEL**

PATIENT'S NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

PATIENT'S ADDRESS: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_

PHYSICIAN'S NAME: \_\_\_\_\_ PATIENT'S PCP: \_\_\_\_\_

PHYSICIAN'S ADDRESS: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_

ASTHMA:     YES     NO

SPECIFIC FOOD ALLERGY: \_\_\_\_\_

IF PATIENT INGESTS OR THINKS HE/SHE HAS INGESTED THE ABOVE NAMED FOOD:

\_\_\_\_\_ Observe patient for symptoms of anaphylaxis \*\* x 2 hours

\_\_\_\_\_ Administer **adrenaline** before symptoms occur, IM                      Epipen Jr.    Adult

\_\_\_\_\_ Administer **adrenaline** if symptoms occur, IM                      Epipen Jr.    Adult

\_\_\_\_\_ Administer Benadryl \_\_\_\_\_ tsp. or Atarax \_\_\_\_\_ tsp. Swish & Swallow

\_\_\_\_\_ Administer \_\_\_\_\_

\_\_\_\_\_ Call 911, transport to ER if symptoms occur, for evaluation, treatment and observation x 4 hours

IF REACTION OCCURS,  
PLEASE NOTIFY THIS OFFICE!                      \_\_\_\_\_  
Physician's Signature    Today's Date

1. Is this a controlled drug?            Yes     No

2. Medication shall be administered from \_\_\_\_\_ to \_\_\_\_\_  
(dates)

3. Relevant side effects, if any, to be observed: \_\_\_\_\_

4. Please allow child to self-administer medication.            Yes     No

Signature \_\_\_\_\_ M.D.

**\*\*SYMPTOMS OF ANAPHYLAXIS**  
Chest tightness, cough  
Shortness of breath, wheezing  
Tightness in throat, difficulty swallowing  
Hoarseness  
Swelling of lips, tongue, throat  
Itchy mouth, itchy skin  
Hives or swelling  
Stomach cramps, vomiting or diarrhea

I HAVE RECEIVED, REVIEWED, AND UNDER-  
STAND THE ABOVE INFORMATION.  
MY CHILD **MAY** CARRY AND SELF-ADMINISTER  
THE PRESCRIBED MEDICATION.  
I AUTHORIZE CAMP STAFF TO CONTACT THE  
PRESCRIBING PHYSICIAN TO DISCUSS MY  
CHILD'S DIAGNOSIS, IF NEEDED.

\_\_\_\_\_  
*Patient/Parent/Guardian Signature*